

Mara Cogni

From Sentences to Essays

A Guide to Reflective Writing through Reflective Thinking - Student's Edition

SERIES IN EDUCATION

About the author

Mara Cogni holds a Master's Degree in Philosophy of European Languages from the University of Oslo, Norway and a Master's Degree in Modern Languages from Moldova State University. As a Lecturer M.A. at Oslo Adult Education Center Sinsen, she is actively engaged in several projects that are focused on developing students' thinking skills. Cogni is a strong advocate of reflection and philosophy as ideal approaches to the future classroom experience.

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VERNON PRESS
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\$ 49

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“Engaging, enjoyable, and meaningful to read, Mara Cogni’s research is jam-packed with fresh techniques concerning the writing process that are easy to adopt.

Her study is totally unlike any other books on writing you’ve ever read. Firstly, it brings together fields like language, literature, psychology, sociology, philosophy, etc. Secondly, it provides you with a wealth of exercises on very diverse topics - forgiveness, respect, happiness, the rich, the poor, communication etc. - and from various literary sources - Wilde, Dickens, the Brontes, Hawthorne, James, etc. Last but not least, the three chapters are also a great spring-board for follow-up reading on the writing process. This is the most fun read I’ve had in a long time as a university professor. Hence, I would heartily recommend Mara Cogni’s book to all the lovers of writing.”

Kate Crecicovschi,
PhD, Associate Professor in English Literature

Summary

There is hardly any doubt that reading and writing are related activities, and that both rely on creating meaning. When we read, as well as when we write, we find ourselves in the process of becoming. We change our knowledge and understanding along the way. However, writing is a daunting activity not only for language learners but for anyone who wants to communicate their thoughts and ideas persuasively and accurately. When students engage in speaking activities, they are often able to communicate extraordinarily interesting ideas with few problems. Yet, when asked to form these ideas into coherent texts, they seem helpless. From basic sentence structure to writing persuasively, this book aims to help students tackle the various challenges and difficulties they face when writing. Divided into three accessible sections, Cogni presents a comprehensive and reflective approach to writing that combines grammar, vocabulary, and literature into a simultaneous and coherent whole. Cogni acknowledges that today more than ever learning a language needs to be perceived as a deeply meaningful process, and this book seeks to make that possible.

July 2019 | Hardback 273x210mm | 202 Pages | ISBN: 978-1-62273-636-2
Also in Paperback (\$35/€30/£26) | ISBN: 978-1-62273-585-3

SUBJECTS Language and Literature, Education

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