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Emotions and Education

Promoting Positive Mental Health in Students with Learning Disabilities

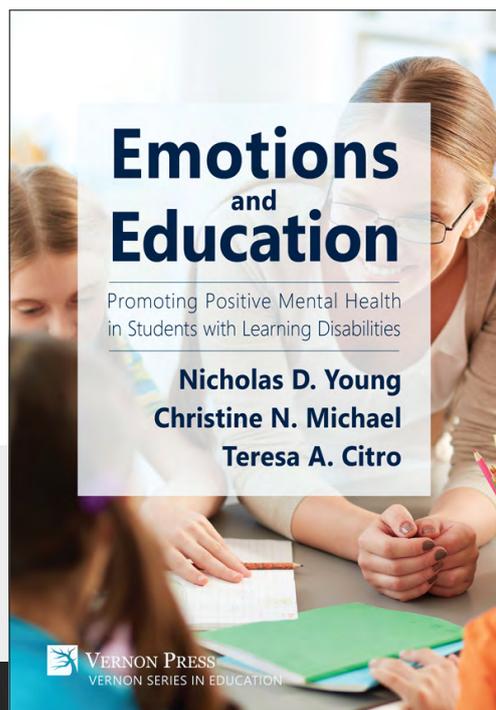
SERIES IN EDUCATION

About the author

Dr. Nicholas D. Young has worked in diverse educational roles for more than 28 years, serving as a principal, special education director, graduate professor, graduate program director, graduate dean, and longtime superintendent of schools. He was named the Massachusetts Superintendent of the Year; and he completed a distinguished Fulbright program focused on the Japanese educational system through the collegiate level. Dr. Young is the recipient of numerous other honors and recognitions including the General Douglas MacArthur Award for distinguished civilian and military leadership and the Vice Admiral John T. Hayward Award for exemplary scholarship. He holds several graduate degrees including a PhD in educational administration and an EdD in educational psychology; and he has published several books, book chapters and articles in the fields of education and counseling. Dr. Young is also a regular presenter at international and national conferences and serves as an editor for *Learning Disabilities: A Contemporary Journal*.

Dr. Christine N. Michael is a more than 40-year educational veteran with a variety of professional experiences. She holds degrees from Brown University, Rhode Island College, Union Institute and University, and the University of Connecticut, where she earned a PhD in education, human development, and family relations. Her previous work has included middle and high school teaching, higher education administration, college teaching, and educational consulting. She has also been involved with Head Start, Upward Bound, national non-profits Foundation for Excellent Schools and College for Every Student, and the federal Trio programs, and has published widely on topics in education and psychology.

Dr. Teresa Allissa Citro is the Chief Executive Officer, Learning Disabilities Worldwide, Inc. and the Founder and President of Thread of Hope, Inc., Dr. Citro is a graduate of Tufts New England Medical School and Northeastern University, Boston. She has co-edited several books on a wide range of topics in special education and has co-authored a popular children's series *I Am Full of Possibilities*. Furthermore, Dr. Citro is the co-editor of two peer review journals including *Learning Disabilities: A Contemporary Journal* and *Insights on Learning Disabilities from Prevailing Theories to Validated Practices*. She is the mother of two young children and resides in Boston, Massachusetts.



Summary

Written by an experienced team of practitioners and scholars, this text attempts to fill the gap in texts that specifically address the needs of Learning Disabilities (LD) students in the socioemotional and mental health domains. By providing a foundational understanding of some of the salient issues facing students with learning disabilities, we hope to empower all of those who are working to ensure their success by providing the particular challenges that LD students and their families may face, and strategies and best practices for building creativity, resiliency, prosocial behavior, and positive mental health. As a practitioner and family-oriented text, this book seeks to offer a truncated review of relevant literature followed by suggestions to guide practice.

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